

DiaMetrix Use and Results Chart

Check your fasting blood sugar each morning and enter the results into the charts below. Check the chart each time you take DiaMetrix (2 tablets). If you skip DiaMetrix or your blood sugar reading then do not check the corresponding boxes.

	FBS	AM	NOON	PM		FBS	AM	NOON	PM
Sample	141	X	X	X					
Day 1					Day 16				
Day 2					Day 17				
Day 3					Day 18				
Day 4					Day 19				
Day 5					Day 20				
Day 6					Day 21				
Day 7					Day 22				
Day 8					Day 23				
Day 9					Day 24				
Day 10					Day 25				
Day 11					Day 26				
Day 12					Day 27				
Day 13					Day 28				
Day 14					Day 29				
Day 15					Day 30				

Month 2

	FBS	AM	NOON	PM		FBS	AM	NOON	PM
Sample	141	X	X	X					
Day 1					Day 16				
Day 2					Day 17				
Day 3					Day 18				
Day 4					Day 19				
Day 5					Day 20				
Day 6					Day 21				
Day 7					Day 22				
Day 8					Day 23				
Day 9					Day 24				
Day 10					Day 25				
Day 11					Day 26				
Day 12					Day 27				
Day 13					Day 28				
Day 14					Day 29				
Day 15					Day 30				

Month 3

	FBS	AM	NOON	PM		FBS	AM	NOON	PM
Sample	141	X	X	X					
Day 1					Day 16				
Day 2					Day 17				
Day 3					Day 18				
Day 4					Day 19				
Day 5					Day 20				
Day 6					Day 21				
Day 7					Day 22				
Day 8					Day 23				
Day 9					Day 24				
Day 10					Day 25				
Day 11					Day 26				
Day 12					Day 27				
Day 13					Day 28				
Day 14					Day 29				
Day 15					Day 30				

